



Sport, Health and Physical Activity Research (IHF) Centre

Co-ordinators:

Natalia Stambulova and Virginia Wiman

2012-01-23

IHF members and coordinators

- IHF is one of the three research groups belonging to CVHI
- IHF consists of about 30 researchers/teachers working at Halmstad University. In addition, there are about 20 associated members (representing, for example, Halland Sport Association, Halmstad Municipality, Region Halland and the Development and Special Education School Authority)
- Current IHF coordinators: NS and VW

The coordinators are responsible for organizing IHF joint activities and collecting/distributing research relevant information within IHF

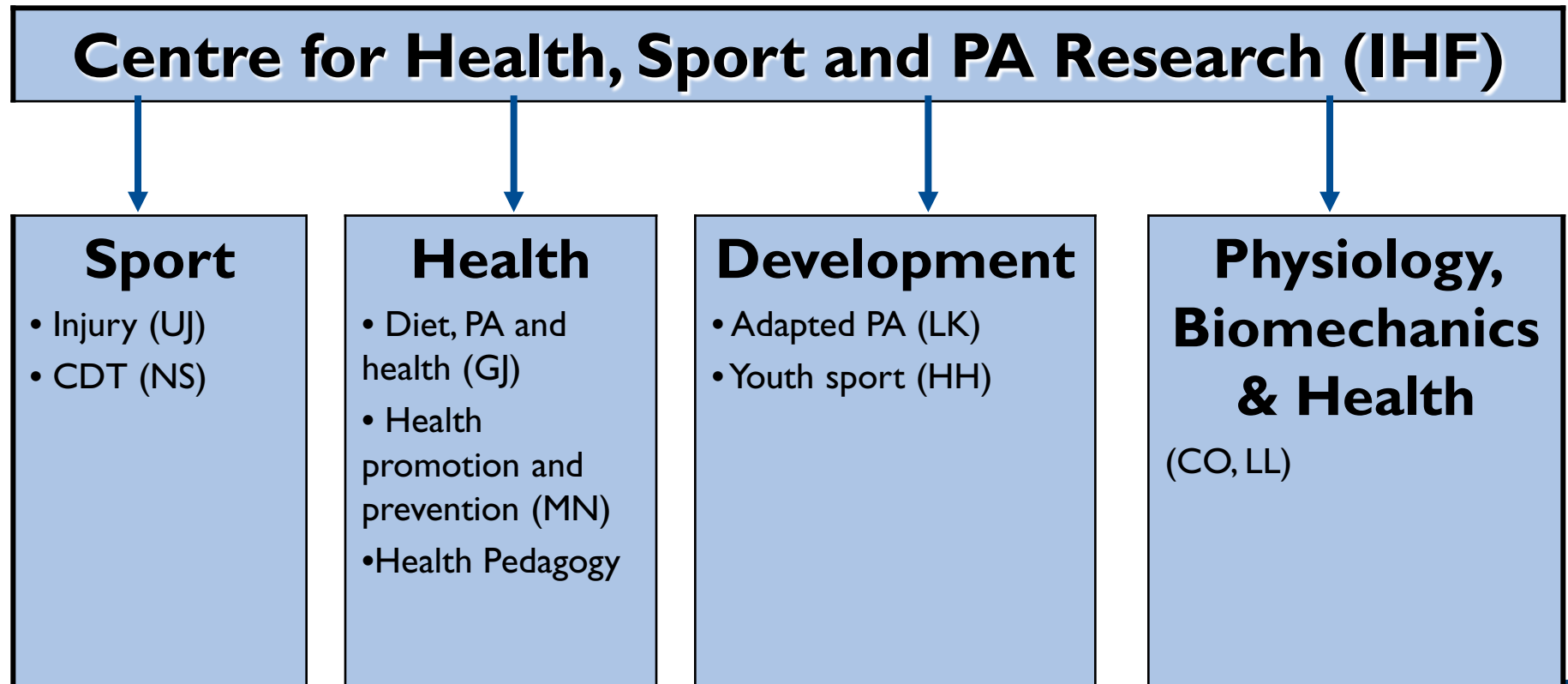
IHF goals

The aim of the IHF-group is to promote and develop research in the areas of Sport, Health and Physical Activity.

More specifically, objectives for the IHF-group are:

- To promote (e.g., through publications and conference presentations) the IHF research group and the projects conducted in the group
- To create in the IHF a critical mass of senior and developing researchers to maintain and further increase a quality of research applications/projects
- To strengthen the profile of Halmstad University
- To expand national and international IHF network

IHF: Thematic research groups structure



Network and collaboration partners

- **In Sweden:** Researchers from Malmö, Gävle, Örebro, Gothenburg, and Stockholm. It is rather unique that IHF collaborates with SvFF (Swedish Football Association), and also Swedish Network of Adapted Physical Activity (SNAFA)
- **International collaborators** include colleagues from USA, Denmark, Belgium, and Latvia. IHF researchers are members of several international networks, such as European Master's Studies in Sport and Exercise Psychology (EMSSEP), Forum of Applied Sport Psychologists (FAST), European Network of Young Specialists in Sport Psychology (ENYSSP), Nordic Network on Adapted Physical Activity (NANAFA), International Society for Humor Studies (ISHS), and International Society of Sport Psychology (ISSP).

2011-2012

- 2011-09-19 – IHF members “brainstorming” meeting aimed at creating a plan for the IHF activities in 2011-12
- Membership update
- Renewing IHF information on the HH-web-site
- 2011-11-29 – methodological seminar of RS together with IHF; Invited C-M. Allwood; topic: “*The distinction between qualitative and quantitative research methods is problematic*”
- Preparation for the IHF Research Day on 2012-01-23

IHF:s forskningsdag: 2012-01-23

13.00 - Öppning av forskningsdagen – Natalia Stambulova & Virginia Wiman

13.05–13.20 - CVHI:s strategiska plan och förväntningar på IHF gruppen – Urban Johnson

13.20–13.30 - IHF:s aktiviteter under 2011 och plan för 2012 – Natalia Stambulova & Virginia Wiman

13.30–13.50- Hansi Hinic presenterar sin forskning om ungdomsidrott genom idrottslyftet

13.50–14.10 - Gunnar Johansson berättar om MoR- projektet

14.10–14.30 - Lina Lundgren framför det senaste från hennes forskning inom biomekanik och idrott

14.30–14.45 - Paus

14.45–15.30 - Urban Johnson, Natalia Stambulova, Karin Weman, Andreas Ivarsson, Gunvi Johansson, Maria Nyholm, Marie Lydell, Alina Franck, Farhan Sarwar och James Parker berättar kortfattat om deras forskningsaktiviteter under 2011 och planer för 2012.

15.30–16.00 - Utställning av publikationer och poster från IHF-medlemmarna

+ Mingel med fika

Thanks
and
WELCOME!



Healthy
Living