

Scientific Program  
Wednesday November 22 2017

**11:15-12:00 Keynote I: Paul Wylleman:** Supporting elite athletes' development and mental health  
**Chair:** Urban Johnson (Hallands' Sports Academy)  
**Venue:** The Baertling Hall

**13:00–14:30 Symposium I**

Symposium I: Wigforss	Symposium I: Baertling	Symposium I: Halda
<p><b>Physical Education and Health in School</b></p> <p>Susanne Lundvall, The Swedish School of Sport and Health Sciences (GIH): Children's physical activity: a continuation of school-sports-health (SIH).</p> <p>Per Jörgensen, University of Southern Denmark: 200 years of Danish Physical Education and Health in school.</p> <p>Magnus Brolin, Sörby School Örebro: Perspectives on health</p>	<p><b>Elite athletes' vocational development: European perspectives.</b></p> <p>Moderator: Natalia Stambulova, Halmstad University</p> <p>Simon Defruyt, Vrije Universiteit &amp; Koen De Brandt, Vrije Universiteit: Support for active and former athletes' employability and employment: An overview of career support services in Europe</p> <p>Paul Wylleman, Vrije Universiteit: Be a Winner In elite Sport and Employment before and after athletic Retirement (B-WISER): the project description.</p> <p>Paul Wylleman, Vrije Universiteit, Sasa Cecic-Erpic, University of Lubljana, Miquel Torregrossa, Univesitat Autònoma de Barcelona, Babett Lobinger, German Sport University, Francesca Vitali, University of Verona, Kent Lindahl, Swedish Sports Confederation, Johan Ekengren, Halmstad University: Supporting vocational development and employment of active and former elite athletes: Panel discussion on career support services from a national perspective</p> <p>Natalia Stambulova (panel-discussion)</p>	<p><b>Sports on equal terms</b></p> <p>Physical activity for people with spinal cord injury: developing and implementing evidence-based exercise guidelines</p> <p>Moderator: Jan Lexell. Representatives from the Nordic countries.</p> <p>Keynote: Jan van der Scheer, Loughborough University</p> <p>Co-author: Peter Harrison Centre for Disability Sport, National Centre for Sport and Exercise Medicine, School for Sports, Exercise and Health Sciences, Loughborough University, United Kingdom. School of Health and Exercise Sciences, iCORD, University of British Columbia, Kelowna BC, Canada.</p>

## 14:30–15:00 Poster presentations I, Visionen

1. **Peter Carlman & Carina Vikström**, Karlstads universitet: Idrottsföreningars arbete med nyanlända – ledares delade upplevelser
2. **Maria Howding**, Malmö högskola: Idrottslärarstudenters berättelser om möten med friluftsliv
3. **Pernilla Hedström, Christian Augustsson & Göran Patriksson**, Karlstads universitet: Hinder och möjligheter för hälsofrämjande arbete i skolan
4. **Ann-Christin Sollerhed & Gerth Hedov**, Högskolan Kristianstad: Physical activity among children with Down's Syndrome
5. **Julia Söderström Malmberg**, Halmstad University, Ann Bremander, Halmstad University/Lund University, **Stefan Bergman**, University of Gothenburg/Lund University/Halmstad University & **Charlotte Olsson**, Halmstad University: Pain and its association to health, orthorexia nervosa, sports performance, and physical maturity in sport school adolescents
6. **Linn Håman**, Halmstad University, **Eva-Carin Lindgren**, University of Gothenburg/Halmstad University & **Hillevi Prell**, University of Gothenburg: The challenges in responding to unhealthy eating and exercise behaviours among clients: From personal trainers' views
7. **Erwin Apitzsch**, Sveriges Akademikers IF: Aktiv Student. Från fysiskt inaktiv till regelbunden motionär med studentidrott.
8. **Joni Kuokkanen, Jan-Erik Romar, Åbo Akademi & Mirja Hirvensalo**, Jyväskylä Universitet: Att kombinera elitidrott med studier - idrottande högstadieelevers akademiska självuppfattning och skolengagemang
9. **Matilda Lindberg**, Malmö högskola: Nycirkussvenska och kroppen i rörelse
10. **Jaenes, J.C**, Universidad Pablo de Olivide, **Hertting, K.**, Halmstad University, **Lara-Bercial, S, Rongen, F.**, Leeds Beckett University, **Nogueira, A.**, Universidad de Leon, **Lucidi, F.**, Università La Sapienza di Roma, **Garcia-Mas, A.**, Ponseti, X., Universidad de las Islas Baleares & **Cruz, J.**, Universidad Autonoma Barcelona: Agents changing the game to positive personal development in European youth sport.
11. **Jan Böröy**, Högskolan i Halmstad: Samband hos svenska idrottare för dispositionell mindfulness, emotion-sreglering och idrottspsykologiska färdigheter
12. **Martin Samuelsson**, Karolinska Institutet, **Nathan Weiss**, Karolinska Institutet, **Ulrika Tranaeus**, GIH/ Karolinska Institutet, **Urban Johnson**, Halmstad University, **Eva Skillgate**, Karolinska Institutet: Self evaluated psychological factors related to sport injuries amongst adolescent female soccer players; preliminary results.
13. **Annett Victoria Stornæs**, Norwegian School of Sports Sciences, **Jorunn Sundgot-Borgen, Jan H. Rosenvinge**, UiT –The Arctic University of Norway: High performance standards and expectations experienced by talented youth athletes, performing artists, and regular lower secondary school students
14. **Jenny Back**, Halmstad University: Who becomes exercise dependent? Exploring psychological risk factors for exercise dependence through a person centred approach
15. **Markus B.T. Nyström, Andreas Stenling, Emma Sjöström, Gregory Neely**, Umeå University, **Philip Lindner**, Stockholm University, **Peter Hassmén**, Umeå University/Southern Cross University, **Gerhard Andersson**, Linköping University/Karolinska Institutet, **Christopher Martell**, University of Wisconsin & **Per Carlbring**, Stockholm University: Behavioral activation versus physical activity via the internet: a randomized controlled trial
16. **Diana Réklaitienė & Jurate Pozėriėnė**, Lithuanian Sports University: How the environment promotes active lifestyle of elderly with disabilities
17. **Sepandarmaz Mashreghi**, Malmö Högskola: Participatory Activist Research: Afghan Youth and Physical Education
18. **Taeho Kim**, Bielefeld University, Hyunsik Park, Dongguk University **Gyeongju & Thomas Schack**, Bielefeld University: The role of mental representation: mental representation structure of athletes has a positive relationship with cognitive performance
19. **Alexander Jansson**, Malmö Högskola, Idrott och hälsa i en mångkulturell kontext – legitimitet, lärande och betyg

**15:15-16:00 Keynote II: Shayke Hutzler:** Experiential Learning: Changing practitioners' perceived self-efficacy toward inclusion through discourse and experiential adapted physical activities  
**Chair:** Lars Kristén (SNAFA)  
**Venue:** The Baertling Hall

**16:10-16:55 Paper presentations I**

<b>Time</b>	<b>Paper presentations I: Wigforss</b> Chair: Linn Håman	<b>Paper presentations I: Baertling</b> Chair: Andreas Ivarsson	<b>Paper presentations I: Halda</b> Chair: Pelle B. Pelters
16:10-16:25	Aage Radman, Norges Idretts høyskole/Malmö högskola: Hur ser mångfalden ut i det svenska supporterlandskapet? En genus- och etnicitetsblick på fotbollssupportrar.	Xavier Sanchez, Halmstad University: Studying self-regulation and pressure performance dynamically: A pilot-study	Elisabeth Apelmo, Malmö högskola: Bodies, (Dis)ability and Gender in Curriculums and Course Literature in Physical Education Teacher Training
16:25-16:40	Karin Kittelman-Fleisner, Högsolan Väst, Peter Korp, Göteborg University & Eva-Carin Lindgren, Göteborg University/ Halmstad University: Sport as an arena for integration? Discourses in open sport activities for newly arrived children and teenagers.	Paul Davis, Umeå University, Louise Davis, Umeå University, Ralph Appleby, Northumbria University, Henrik Gustafsson, Karlstad University: Exploring the Social Side of Burnout in Sport: The implications of interpersonal relationships on athletes' perceptions, performance, and exhaustion.	Marte Bentzen, Anders Farholm & Marit Sörensen, The Norwegian School of Sport Sciences: Lessons learned from a physical activity intervention study in psychiatric treatment: Perspectives from patients, staff, and leaders.
16:40-16:55	Krister Hertting, Halmstad University, Stefan Wagnsson, Karlstad University: Swedish youth soccer coaches perceptions of stress: a gender perspective	Hedda Bernsten, Norwegian School of Sport Sciences: Transfer Problems in Coach Education: Bridging the gap between theory and application through multimedia learning	Lars Kristén, Bodil Klingvall, Mikael Ring, Halmstad University, Anders Ericsson, Camilla Schough, Eleiko Sport AB, Anders Bohman, Lotta Havdrup, Rantzows Sport AB: Open norm critical innovation for relational inclusion (ONCIRI).- "New Sports material for children with and without disabilities".

**17:05-17:50 Paper presentations II**

Time	Paper presentations II: Wigforss Chair: Kristina Ziegert	Paper presentations II: Baertling Chair: Xavier Sanchez	Paper presentations II: Halda Chair: Eva-Carin Lindgren
17:05-17:20	Pelle B. Pelters, Halmstad University: Losing my religion –Vad kan det betyda för idrotten om hälsobegreppet inte längre konceptualiseras som enbart positivt konnoterat koncept?	<p>Athletes transition in sport and life ”5 slides in 5 minutes”: Lukas Linnér, Natalia Stambulova, Halmstad University, Halmstad, Kristoffer Henriksen Syddansk University Odense: Facilitating Student-Athletes’ Development in Sport and Life through Optimizing their Dual Career Development Environment</p> <p>Johan Ekengren, Natalia Stambulova, Halmstad University: No rest for the weary: Swedish elite handball players’ perceived demands in the transition to the national team</p> <p>Alina Franck, Halmstad University/Linnaeus University, Natalia Stambulova, Halmstad University: A Swedish female basketball player’s junior-to-senior transition: A narrative case study</p>	Susann Arnell, Örebro University, Kajsa Jerlinder, University of Gävle, Lars-Olov Lundqvist, Örebro University: Participation in physical activities described from the adolescents with an Autism Spectrum Disorders’ point of view.
17:20-17:35	Aija Klavina, Latvian Academy of Sport Education: Challenges to measure physical activity in children with disability: Instruments and technologies.	<p>Simon Defruyt, Paul Wylleman, Shannen Deferme, Joanna François, Koen De Brandt, Vrije Universiteit Brussel: Elite sport and higher education: a qualitative study on the factors influencing athletes’ decision (not) to initiate the combination</p> <p>Søren Svane Hoyer, University of Southern Denmark: Every Boy’s Dream: Young Danish elite footballers cultural transition.</p>	Kim Wickman, Johan Strid, Umeå University: Inclusive transition processes: Strategies for sport
17:35-17:50	Lars Kristén, Maria Nyholm & Marie Lydell, Halmstad University: Physical activity for children in need of support: views from coaches from local sports clubs	Time for discussion	Susanna Geidne, Örebro University, Kajsa Jerlinder, University of Gävle: Documented inclusive physical activities for children and adolescents with disabilities within sport clubs

**18:00-19:00 Meetings**

<b>Wigforss</b>	<b>Baertling</b>	<b>Halda</b>
<b>SVEBI Annual Meeting</b>	<b>Sport psychology meetings</b> Moderators: Arne Edvardsson, Ulrika Billme, SIPF, Astrid Becker-Larsen, Jannie Steinbüchel-Berthelsen, DIFO - Role of Sport psychological associations in creating growth and stimulating networking within sports, federations and academia: experiences from Sweden and Denmark, SIPF and DIFO (open meeting) - Dutch Olympic Committee and Swedish Olympic Committee (closed meeting).	<b>Nordic APA meeting</b> Networking, collaboration and cooperation in APA in the Nordic and Baltic countries. Moderator: Lars Kristén, Halmstad University

## Scientific Program, Thursday November 23 2017

### 09:00-09:45 Key note III:

Solfrid Bratland-Sanda: Physical activity, exercise, sports and eating disorders - the double-edged sword

**Chair:** Linn Håman (SVEBI)

**Venue:** The Baertling Hall

### 09:45-10:15 Poster presentations II (see list of contributions above)

Time	<b>Paper presentations III Behavioral and Social Science Research in Sport and Sport psychology: Wigforss</b> <b>Chair:</b> Krister Hertting
10:30-10:45	Karin Weman & Jenny Back, Halmstad University: Projekt elcyklist – ett motivationsperspektiv
10:45-11:00	Auli Pekkala, Juuso Kokko & Mariitta Rauhala, Haaga-Helia University of Applied Sciences: Elite athlete career as a bridge to entrepreneurship
11:00-11:15	Astrid Schubring, Nathalie Barker-Ruchti, Anna Post & Stefan Andersson, Göteborg University: Understanding elite sport risk behaviour from a career perspective: A prospective case study with Olympic hopefuls
11:15-11:30	Susanna Hedenborg, Malmö Högskola: En ridsport för alla?
11:30-11:45	Ann-Christin Sollerhed, Högskolan Kristianstad, Jan-Eric Ekberg, Malmö Högskola: Fysisk aktivitet och motorisk träning i förskolan
11:45-12:00	Time for discussion

## 10:30-12:00 Symposium II

### Symposium II Sport Psychology: Halda

#### Psychological perspectives on sport injuries

Moderator: Urban Johnson, Halmstad University

#### Presentations:

Urban Johnson, Halmstad University: Introduction to the field

Ulrika Tranæus, GIH, Karolinska Institutet, Lucas Alriksson, Skandinaviska Naprapathögskolan, Urban Johnson, Halmstad University, Eva Skillgate, Karolinska Institutet: Psychological factors and overuse injuries in young female football players

Karin Moesch; Halmstad University/Swedish Sport Confederation: "Be mindful even though it hurts": The potential benefit of mindfulness- and acceptance-based interventions in sport injury rehabilitation

Simon Martin, Ecole Normale Supérieure de Rennes, Andreas Ivarsson, Halmstad University, Urban Johnson, Halmstad University, Ulrika Tranæus, GIH, Andreas Stenling, Umeå University Magnus Lindwall, University of Gothenburg: A meta-analysis on the relationship between social support and psychological and behavioral outcomes during sport injury rehabilitation

Arne Edvardsson, Halmstad University: Is there room for the Buddha in the applied sport psychology service? Mindful reflections of sport injuries, health and wellbeing from a sport psychology practitioner

Sofia Bunke & Eva Ageberg, Lund University: Behavior change – a key aspect of injury preventive training in youth sport

## 10:30-12:00 Workshop I

Time	<b>Workshop I Adapted Physical Activity: Högskolehallen</b> <b>Chairs:</b> Lars Kristén and Bodil Klingvall
10:30-12:00 Each workshop will be conducted three times à 25 minutes.	<p>1. Adapted Physical Education and Health in theory and practice Ulla Thorstensson, specialized Physical Education teacher Halmstad municipality Peter Pettersson, specialized Physical Education teacher Halmstad municipality Sara Hagestam, specialized Physical Education teachers Halmstad municipality</p> <p>2. Physical Education for all Birgit Flygstrup, teacher Jette Selmer, section manager Tine Soulié, consultant</p> <p>3. Practical Parasport Peter Malmberg, Hallands Parasportförbund</p>

**10:30-12:00 Workshop I**

<b>Time</b>	<b>Symposium III Behavioral and Social Science Research: Wigforss</b>	<b>Symposium III Sport psychology: Baertling</b>
* 13:00-13:40 ** 13:00-14:15	* Invited speaker: Carolina Lunde, Gothenburg University. Sport and exercise – good or bad for the body image?	** A hidden challenge: Mental Health problems in elite sports Moderator: Cecilia Åkesdotter, The Swedish School of Sport and Health Sciences

**13:00-13:40 Workshop II**

<b>Workshop II Adapted Physical Activity: Högscolehallen</b> Chairs: Lars Kristén and Bodil Klingvall
Team-SWE wheelchair handball, the Swedish Handball Association Julia Johansson, Gothenburg wheelchair handball Alexander Sjöberg, Gothenburg wheelchair handball

**13:45-14:15 Symposium IV**

<b>Symposium IV Behavioral and Social Science Research in Sport: Wigforss</b>	<b>Symposium IV Adapted Physical Activity: Black Box (same building as Högscolehallen)</b>
SVEBI award for best Master thesis	Invited speaker: Ingegerd Ericsson, Malmö University: The MUGI (Motor skills development as Ground for Learning) model for motor skills training for all children: a nine year intervention in the Bunkeflo project.

**14:45-15:30 Key note IV:**

Francesco Botré: The ages of doping  
Chair: Ann-Christin Sollerhed (SVEBI)  
**Venue: The Baertling Hall**

**15:30-16:00 Panel discussion:** The Double Edged Sword of Sport: health Promoting vs. Unhealthy Environments  
Chair: Natalia Stambulova (Halmstad University)  
**Venue: The Baertling Hall**