Give Me a Break
Digital Peer Support for Children Cancer Survivors

A project in Research for Innovation – the overarching strategic research programme of Halmstad University, supported by The Knowledge Foundation

Partners:
Carmona AB, Crispin Porter + Bogusky Scandinavia, Halmstad University

“I would really like a cancer friend. Someone like me.

It’s like I should have thought about this when I was 8 years old…”

– Lina (16 years old)
Cancer survivor

Give Me a Break bridges a gap in healthcare.

Pain point
Social support from health care professionals is limited, and often offered intermittently in hospital settings. Lack of resources adapted to the needs of children surviving cancer limits their chances of wellbeing and successful social reintegration – and ultimately their outlook of life.

Desired Solution
A digital service that connects peers with similar experiences will help them form long-term friendships and a network of peers that can support each other today and as they grow up.

The timing of introducing the service, and its role in the overall healthcare process is important. Our research indicates that the Consultancy Nurse (CN) is a suitable channel, due to his/her role in transitioning to post-intensive care, and through clinical check-ups.