

Andreas Ivarsson

School of social and health sciences, Halmstad University (HH)

Research environment: Center of research on Welfare, Health and Sport (CVHI)

Research school: Phd program in psychology at Linné University

Supervisor: Professor Urban Johnson (HH), Co – supervisor: Professor Natalia Stambulova (HH)

My Phd project was officially started in May 2011

Title: Psychological Predictors of Sport Injuries among Competitive Soccer players

Injuries in sports are a major problem (Hagger, Griffin, Chatzisarantis & Thatcher, 2005) that haunt approximately 50 % of all athletes per year (Prentice, 2003). Pre – injury research showed a number of different factors that could increase injury risk among athletes. For example Bahr and Krosshaug (2005) developed a theoretical model where internal risk factors (such as health, physical fitness, skill level and psychological factors) influence an athlete predisposition to an increased injury risk. The aim of the project is to single out a few psychosocial predictors that could influence injury risk among competitive soccer players. A second aim is to investigate the possibility to decrease injury occurrence by using a stress management intervention. The study population for the project is competitive soccer players all playing in the highest league in Sweden. In the project both quantitative, qualitative and interventions designs will be used. The expected result will show a few specific psychosocial factors that are influencing injury risk in the study population. These identified factors will be considered when the intervention program will be designed.

My Phd education is founded by Center of research on Welfare, Health and Sport (CVHI)

Andreas.Ivarsson@hh.se

