

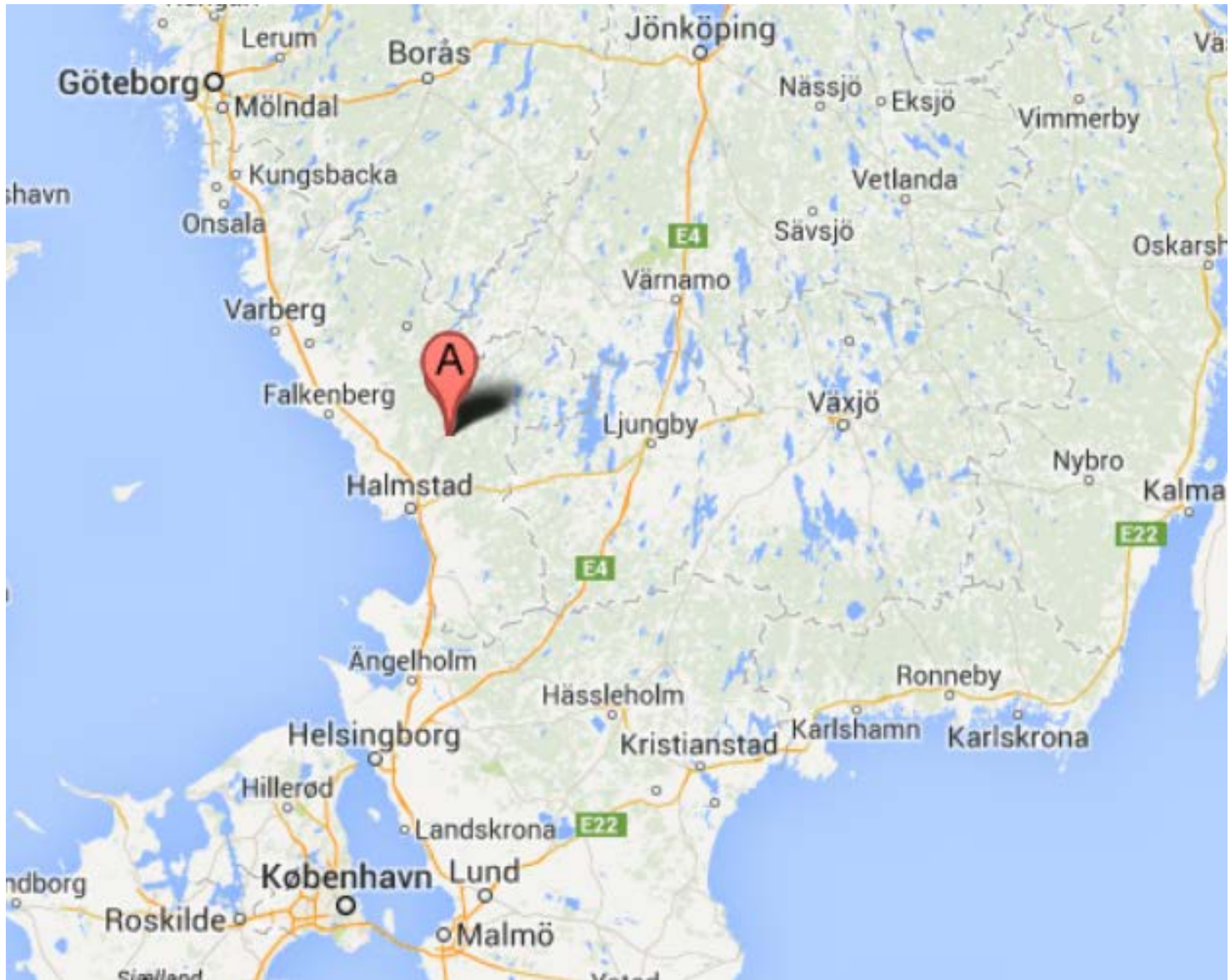
FoU Spenshult

Reumatologisk forskning och utveckling

**Collaboration Leads to Success
in Research Entrepreneurship**

Access Medica Spenshult Hospital

- A publicly funded private hospital with 220 employees
- Traditionally (1953-) focus on rheumatic diseases but today more diversified:
 - Rheumatology
 - Orthopedic surgery
 - Advanced hand and foot surgery
 - Rehabilitation (rheuma, cancer, pain)
- Ideally (?) situated on the countryside
- A long tradition of Research and Development



The idea of FoU Spenshult

- An Entrepreneur in Research
- To create a research environment with academic ambitions
 - Supporting staff at the small hospital to develop projects and research competence
 - Research should be of national and international interest
 - Education and implementation to put research into practice
- Collaboration to achieve the goals
 - Universities
 - Regions
 - Patient organization
 - Industry



An independent foundation

- FoU Spenshult started as a unit within Spenshult Hospital in 1999
- Reconstituted to an independent foundation in 2007
 - The Swedish Rheumatism association (patient organization)
 - Spenshult Hospital
 - Region Halland
- The steering board
 - Lars Lidgren
 - Leni Björklund
 - Bengt Widgren
 - Lennart Kollmats
 - Jan Bagge



FoU Spenshult

Reumatologisk forskning och utveckling

The staff at FoU Spenshult

- Main employment in a clinical position at Spenshult hospital or elsewhere
- Part time employed at the research unit on a project basis
- Fully funded by external grants
- PhD students enrolled at different universities



FoU Spenshult

Reumatologisk forskning och utveckling

Two strong areas of research

- Clinical research with the person in focus
 - Lifestyle as a predictor of outcome in modern treatment of rheumatic diseases
 - Person centered care in treatment of musculoskeletal diseases
 - Implementation and evaluation of educational programs for patients
 - Rehabilitation – How and for whom?
- Epidemiology
 - BARFOT – Follow up of early rheumatoid arthritis since 1993
 - The Spenshult cohort – Follow up of pain/arthrosis of the knee since 1992
 - Epipain – Follow up of pain and health since 1995
 - Spondyloarthritis – Health care register Region Skåne
 - Star-Etic – Team-rehabilitation in Norway, Sweden, Denmark och Holland
 - RAKIR – Rheuma-surgery register

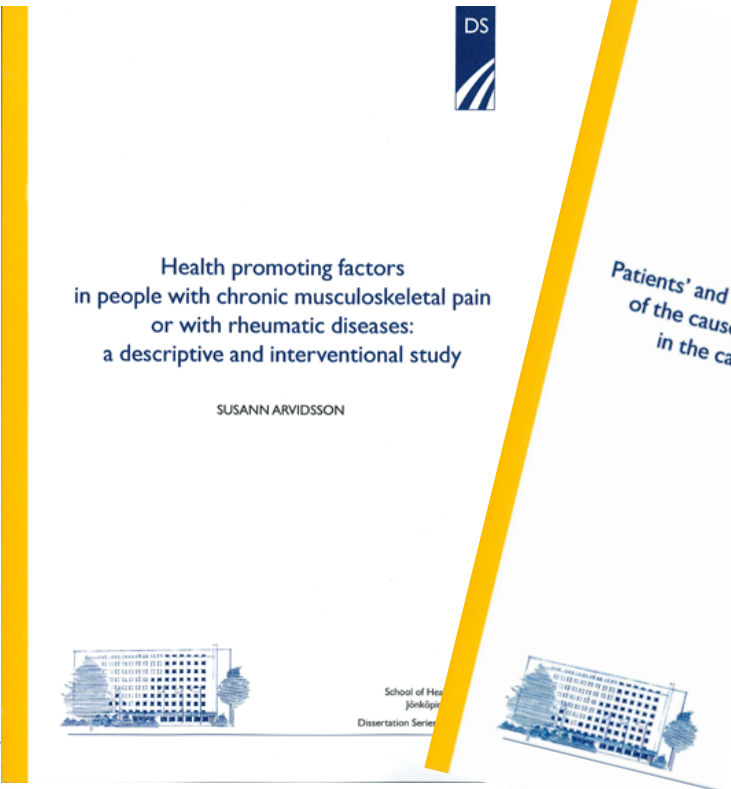
A successful initiative

- A steady increase in researchers employed in projects
 - from 1 part time postdoc 1999
 - to 7 part time seniors/postdocs and 3 PhD-students in November 2013
- A steady increase in publications
 - Around 20 publications in international scientific journals each year for the last three years
 - Around 15 presentations at international conferences each year
 - Book-chapters (national and international)
- 9 of our “own” PhD-students have graduated since 2001
- Courses for health professionals and researchers
 - Epidemiology
 - Pain
 - Rheumatology
 - Patient education

Fruitful collaboration with Halmstad University

- A long history of collaboration
 - Health technology
 - Research
 - Education
- In 2007 a written agreement of cooperation
- 27 scientific publications in collaboration 2003-2012
 - Whereof 23 published 2007-2012
- From 2006 to 2013 three PhD students within nursing science
 - Enrolled at Jönköping University
 - Fully financed and employed as PhD students at FoU Spenshult
 - Supervision in collaboration

2011-2013



The future holds possibilities

- A developed collaboration FoU Spenshult – Halmstad University
 - Senior researchers
 - Post doc possibilities for PhD students
 - Exchange of competence (supervision, funding, implementation etc)
 - Projects of mutual interest (patient initiated research etc)
- Collaboration with companies within health technology, physical training, lifestyle etc
 - Development and implementation of new innovative health strategies for people with chronic diseases

