



# Welcome to SNAFA

## The Swedish Network of Adapted Physical Activity

The Swedish Network of Adapted Physical Activity (SNAFA) was formed in 1997 and has held three conferences at Halmstad University. Today, the Network includes more than 450 PT instructors, PE educators, physiotherapists, specialists and researchers, recreation officers among others.

Our aim is to promote increased knowledge and understanding of adapted physical activity for our target group of children and young people with disabilities. We support scientific research and the development of new methods for teaching and training in this area. Equally important is our work for further education and experience sharing as well as collaboration within a Nordic context.

The goal is the continuous development of a Swedish network for adapted physical activity. Information about the background and definition of Adapted Physical Activity can be found on our website [www.hh.se/snafa](http://www.hh.se/snafa). The network is relevant to everyone who, as part of his/her practical work, encounters children and young people with disabilities in the areas of sport and health, as well as those who carry out research on these issues. If you find this interesting, you are welcome to apply for membership.

SNAFA is a part of EUFAPA (European Federation of Adapted Physical Activity), the European network for education and research on adapted physical activity. EUFAPA is, in turn, a member of IFAPA (International Federation of Adapted Physical Activity).

SNAFA has its secretariat in Halmstad University and its co-ordinator is Lars Kristén. The network disseminates information to its members, about, among other things, further education, practical advice and the latest findings in the area of adapted physical activity. We hold an annual conference in order to foster the exchange of thoughts and ideas.

The Network idea is built on:

- Interest and commitment in the work with children and young people who have a disability
- Collaboration – collecting and disseminating knowledge
- Societal benefits – providing strength and solidarity by means of outreach activities and interaction with society/the community
- Collaboration between different centres of knowledge, universities and university colleges
- Diversity in activities directed towards children and young people with disabilities

### Do you want to join the network?

Send an e-mail to [Oscar.Semb@hh.se](mailto:Oscar.Semb@hh.se) with the details below and we will contact you.

- Name
- House number and street
- Postal code and town/city
- Home telephone number
- Work telephone number
- Other areas of work
- E-mail
- Fax
- Profession
- Teaches in (type of school)

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