



The Science and Practice of Racket Sport for Improved performance and Health: Special Focus on Table Tennis, April 25-27 2018, Halmstad University, Sweden

Wednesday the 25th of April

16.00 -18.00	Arrival and registration
18.00 -	Opening ceremony and social activity – “Halmstad Padel Center”

Thursday 26th of April 2018

09.00-09.15	Welcome: Official opening Vice Chancellor Stephen Hwang
09.15-10.00	Key note I: Anders Hansen “Physical activity is the most important thing you can do for your brain”

10.00-10.30	Coffee break		
10.30-12.30	High performance Parallell sessions 1 Oral presentations	Health and Innovation Parallell sessions 1 Oral presentations	Sport Sciences Parallell sessions 1 Oral presentations
12.30-14.00	Lunch and poster presentations		Student work from Sport Science programs at the University (4 programs)
14.00-16.00	High performance Parallell workshops: practical exhibitions Jörgen Persson	Health and innovation Parallell workshops: practical exhibitions	Sport Sciences Parallel workshops: practical exhibitions
16.00-17.00	Key note II: Mads Brink Hansen "Performance optimization in Danish elite badminton (Badminton Denmark) with special emphasis on strength and conditioning"		
17.00	End of the day 1		
20.00	The Conference banquet		

Friday the 27th of April

09.00 -10.00	Key note III: Tsung Min Hung	"The relationship between participation in table tennis and cognitive function"
10.00 -10.30	Coffee break	

10.30 -12.30	High performance Parallell session 2 Oral presentations	Health and Innovation Parallell session 2 Oral presentations	Sport Sciences Parallell session 2 Oral presentations
12.30 -13.00	Lunch		
13.00 -14.00	Theme-based discussions		
14.00 -15.00	Key note IV: Irene Faber	“Diamonds in rough guidelines to identify and develop high potential in youth racquet sport players”	
15.00 -15.15	Closing ceremony		
	Departures/attendance to 2018 World Team Table Tennis Championship		