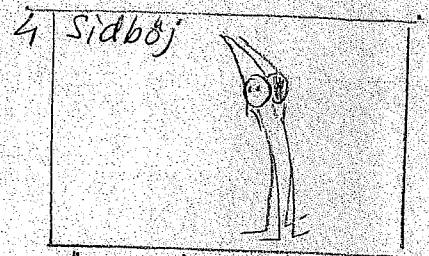
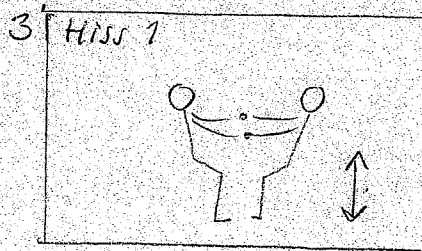
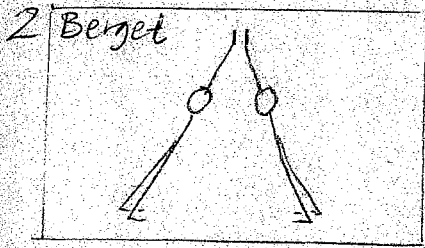


Kompis yoga - parövningar

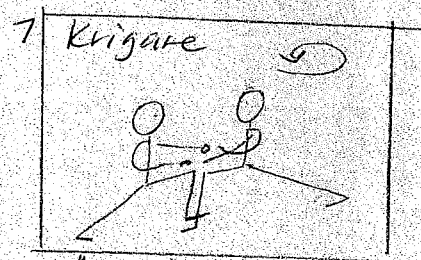
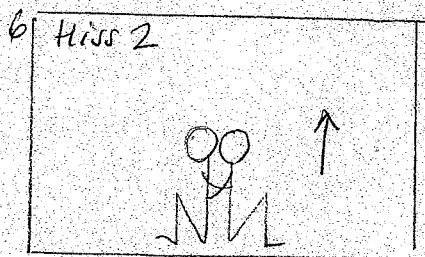
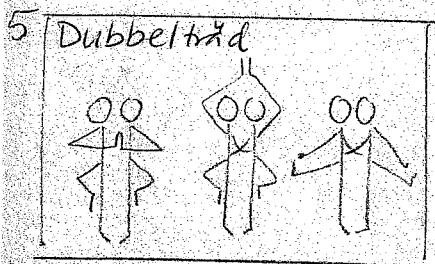
tillit

Samarbete - hänsyn - respekt - kroppsmedvetenhet - självkänsla

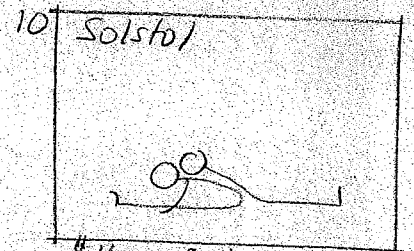
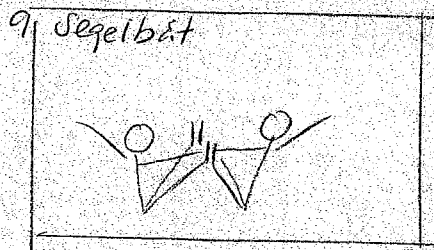
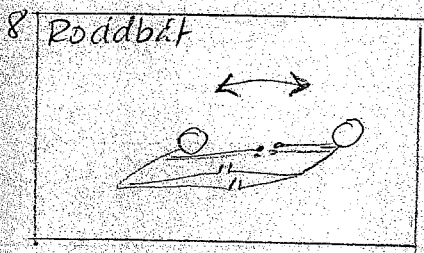
1 Andningsövning - bukandning ligg el. sitt, handflator på magen



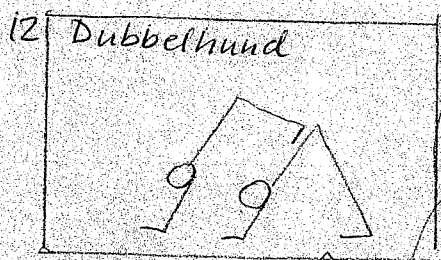
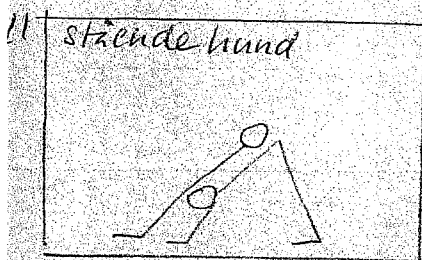
även sittande



även sittande



ödlan på stenen

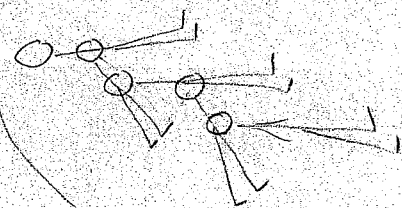


Trippelhund

Vila 20.2



i grupp - dragkedja



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