

TB8004 (Exercise as Medicine, HT 2022, Halmstad, 10376, H0596, X0376)

Number of possible respondents: 9

Answers: 5

Response rate: 55,56 %

Study pace: 50 %

Examiner's course analysis

Based on the course evaluation result - which are the strengths of the course?

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Based on the course evaluation result - which are the weaknesses of the course?

Unsatisfaction of scheduling for various examinations

Comments about the collaboration with the course ambassadors

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Conclusion and suggestions for course development or already made decisions

We will consider adding some group work or a seminar on other associated diseases in line with your suggestions to broaden the concept of exercise as medicine.

We will plan one of the seminars and the home exam in another way

Other comments

Thanks to those answering the course evaluation. As it is an "new" course it is very useful for us with your thoughts when doing the planning for next year's course.

In your responses, the focus on exercise as medicine mainly for individuals with MSD has been questioned. But this focus is stated in the course plan. In the same way it is possible to find the information of the teaching formats in the course plan already when the course is open to search ("The students are mainly expected to independently assimilate the required reading including research studies in the subject"). But we will consider adding some group work or a seminar on other associated diseases in line with your suggestions to broaden the concept of exercise as medicine. When planning the course, it is a balance between breadth and depth versus hours available for teaching.

In line with your responses, we will plan one of the seminars and the home exam in another way next year to try to put less stress on you.

Again, thanks to those of you who submitted an evaluation and comments.

Regards Emma Haglund

Gender

	Number of responses	Distribution (%)
Female	1	20%
Male	3	60%
Do not want to define	1	20%
Total	5	100%

I am overall satisfied with the course.

	Number of responses	Distribution (%)	Index (%) I am overall satisfied with the course	60
0 = I definitely do not agree	0	0%		
1	0	0%		
2	2	40%		
3	1	20%		
4	2	40%		
5 = I definitely agree	0	0%		
No opinion	0	0%		
Total	5	100%		

How much time have you spent on the course in relation to the course's study pace?

	Number of responses	Distribution (%)
Less time than the course study pace	2	40%
Corresponding to the course study pace	3	60%
More time than the course study pace	0	0%
Total	5	100%

The design of the course (teaching methods, literature, pedagogy, etc.) has been well adjusted to help me achieve the learning outcomes in the syllabus.

	Number of responses	Distribution (%)
0 = I definitely do not agree	0	0%
1	1	20%
2	1	20%
3	1	20%
4	2	40%
5 = I definitely agree	0	0%
No opinion	0	0%
Total	5	100%

Index (%) The design of the course (teaching methods, literature, pedagogy, etc.) has been well adjusted to help me achieve the learning outcomes in the syllabus.

56

During the course examinations, I have had the opportunity to show that I have achieved the learning outcomes in the syllabus.

	Number of responses	Distribution (%)
0 = I definitely do not agree	1	20%
1	0	0%
2	1	20%
3	1	20%
4	2	40%
5 = I definitely agree	0	0%
No opinion	0	0%
Total	5	100%

Index (%) During the course examinations, I have had the opportunity to show that I have achieved the learning outcomes in the syllabus.

52

I have experienced the social study environment as good during the course.

	Number of responses	Distribution (%)	Index (%) I have experienced the social study environment as good during the course.	
0 = I definitely do not agree	0	0%		
1	1	20%		
2	0	0%		
3	1	20%		
4	3	60%		
5 = I definitely agree	0	0%		
No opinion	0	0%		
Total	5	100%		64

Course satisfaction index

Satisfaction index % (summary of all statements)	58
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