

TB8004 (Exercise as Medicine, HT 2025, Halmstad, 10376, H0596, X0596)

Number of possible respondents: 17

Answers: 13

Response rate: 76,47 %

Study pace: 50 %

Examiner's course analysis

Based on the course evaluation result - which are the strengths of the course?

Based on responses from 13 participants, you appreciated the combination of lectures, seminars, and the opportunity to tailor parts of the course to your own interests within the field of musculoskeletal diseases. However, you reported an imbalance between the two parallel courses and noted that, overall, you spent less time on the course than intended according to the study pace

Based on the course evaluation result - which are the weaknesses of the course?

You also described experiences of limited interaction and low-quality discussions during seminars and lectures, as well as unclear information regarding the purpose of certain learning activities. Additional concerns included the high cost of course literature, technical issues related to classroom facilities, and insufficient focus on the cellular level.

Comments about the collaboration with the course ambassadors

We have tried to check on an ongoing basis and have listened to the feedback received. The program coordinator will soon meet with student ambassadors to review completed courses and will use their feedback to inform further program development.

Conclusion and suggestions for course development or already made decisions

In response, we will work to provide clearer information about the purpose and expectations of learning activities and to better communicate the importance of active participation during mandatory sessions, which will also be recorded. The course literature will be reviewed and revised. We will also take your feedback into account and make efforts to increase interaction during both lectures and seminars.

Other comments

We apologize for the recurring technical problems encountered throughout the course, despite our efforts to be present well in advance of most sessions. To reduce such issues in the future, we are considering discontinuing the hybrid course format.

The course evaluation, with a response rate of 76%, indicates an overall satisfaction index of 75%.

I am overall satisfied with the course.

	Number of responses	Distribution (%)	Index (%) I am overall satisfied with the course	75
0 = I definitely do not agree	0	0%		
1	1	8%		
2	1	8%		
3	1	8%		
4	7	54%		
5 = I definitely agree	3	23%		
No opinion	0	0%		
Total	13	100%		

How much time have you spent on the course in relation to the course's study pace?

	Number of responses	Distribution (%)
Less time than the course study pace	10	77%
Corresponding to the course study pace	3	23%
More time than the course study pace	0	0%
Total	13	100%

The design of the course (teaching methods, literature, pedagogy, etc.) has been well adjusted to help me achieve the learning outcomes in the syllabus.

	Number of responses	Distribution (%)
0 = I definitely do not agree	1	8%
1	0	0%
2	0	0%
3	5	38%
4	6	46%
5 = I definitely agree	1	8%
No opinion	0	0%
Total	13	100%

Index (%) The design of the course (teaching methods, literature, pedagogy, etc.) has been well adjusted to help me achieve the learning outcomes in the syllabus.

68

During the course examinations, I have had the opportunity to show that I have achieved the learning outcomes in the syllabus.

	Number of responses	Distribution (%)
0 = I definitely do not agree	0	0%
1	0	0%
2	1	8%
3	1	8%
4	3	23%
5 = I definitely agree	8	62%
No opinion	0	0%
Total	13	100%

Index (%) During the course examinations, I have had the opportunity to show that I have achieved the learning outcomes in the syllabus.

88

I have experienced the social study environment as good during the course.

	Number of responses	Distribution (%)	Index (%) I have experienced the social study environment as good during the course.	
0 = I definitely do not agree	0	0%	88	
1	0	0%		
2	0	0%		
3	2	15%		
4	4	31%		
5 = I definitely agree	7	54%		
No opinion	0	0%		
Total	13	100%		

Course satisfaction index

Satisfaction index % (summary of all statements)	80
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